

**RESULTS Sunday 3 March 2019 Sprint Yard Mini Meet RESULTS
hosted by Excel Swimming at the Nassau County Aquatic Center**

Women 18-24 100 Yard Freestyle

Name	Age	Team	Entry Time	Final Time
1 Cassetta, Jamie L 32.72 - 1:08.09 (35.37)	19	Total Masters Swimming	1:05.88	1:08.09

Women 18-24 100 Yard Backstroke

1 Cassetta, Jamie L 39.49 - 1:20.44 (40.95)	19	Total Masters Swimming	1:15.50	1:20.44
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Women 18-24 100 Yard Butterfly

1 Cassetta, Jamie L 34.49 - 1:18.38 (43.89)	19	Total Masters Swimming	1:15.50	1:18.38
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Women 18-24 100 Yard IM

1 Cassetta, Jamie L 35.90 - 1:18.83 (42.93)	19	Total Masters Swimming	1:10.50	1:18.83
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Women 25-29 50 Yard Freestyle

1 Mulligan, Nicole	28	Excel Swimming	28.50	27.60
2 Hall, Lindsay	29	Bearcat Masters	27.00	28.18
3 Schuyler, Stephanie	28	Bearcat Masters	30.18	30.27
4 Maroney, Flo	29	Total Masters Swimming	1:20.00	37.62
5 Brenner, Logan	28	Excel Swimming	40.00	37.93

Women 25-29 100 Yard Freestyle

1 Hall, Lindsay 30.07 - 1:01.15 (31.08)	29	Bearcat Masters	59.50	1:01.15
2 Groccia, Adrienne 29.60 - 1:01.92 (32.32)	25	Connecticut Masters	1:05.00	1:01.92
3 Maroney, Flo 38.43 - 1:24.09 (45.66)	29	Total Masters Swimming	2:04.00	1:24.09

Women 25-29 200 Yard Freestyle

1 Groccia, Adrienne 30.56 - 1:03.87 (33.31) - 1:38.34 (34.47) - 2:12.42 (34.08)	25	Connecticut Masters	2:15.00	2:12.42
2 Brenner, Logan 38.61 - 1:24.19 (45.58) - 2:14.05 (49.86) - 3:04.64 (50.59)	28	Excel Swimming	2:50.00	3:04.64
3 Maroney, Flo 39.78 - 1:27.58 (47.80) - 2:20.80 (53.22) - 3:15.30 (54.50)	29	Total Masters Swimming	3:50.00	3:15.30

Women 25-29 50 Yard Backstroke

1 Schuyler, Stephanie	28	Bearcat Masters	31.24	31.91
2 Mulligan, Nicole	28	Excel Swimming	34.00	32.49

Women 25-29 100 Yard Backstroke

1 Schuyler, Stephanie 32.65 - 1:08.02 (35.37)	28	Bearcat Masters	1:13.42	1:08.02
2 Groccia, Adrienne 35.57 - 1:11.67 (36.10)	25	Connecticut Masters	1:30.00	1:11.67

Women 25-29 50 Yard Breaststroke

1 Hall, Lindsay	29	Bearcat Masters	33.00	33.60
2 Mulligan, Nicole	28	Excel Swimming	42.00	36.78

Women 25-29 100 Yard Breaststroke

1 Hall, Lindsay 35.33 - 1:13.28 (37.95)	29	Bearcat Masters	1:12.00	1:13.28
2 Brenner, Logan 48.91 - 1:47.31 (58.40)	28	Excel Swimming	1:56.00	1:47.31

Women 25-29 50 Yard Butterfly

1 Mulligan, Nicole	28	Excel Swimming	37.00	31.00
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Women 25-29 100 Yard IM

1 Groccia, Adrienne 33.00 - 1:09.77 (36.77)	25	Connecticut Masters	1:30.00	1:09.77
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Women 30-34 50 Yard Freestyle

1	Hartford, Catherine	31	Excel Swimming	31.00	27.78
2	Megherian, Christina	32	Excel Swimming	32.00	29.63
3	Rudes, Lauren	32	Excel Swimming	38.00	32.34
4	Fromm, Talia	34	Excel Swimming	50.00	38.02

Women 30-34 100 Yard Freestyle

1	Hartford, Catherine 28.75 - 59.32 (30.57)	31	Excel Swimming	1:02.00	59.32
2	Sonstegard, Anna 28.75 - 1:00.95 (32.20)	30	Excel Swimming	58.77	1:00.95
3	Megherian, Christina 32.10 - 1:10.08 (37.98)	32	Excel Swimming	1:12.00	1:10.08
4	Fromm, Talia 41.71 - 1:29.84 (48.13)	34	Excel Swimming	1:50.00	1:29.84
---	Stranzl, Colleen	32	Agua Masters	1:07.96	SCR

Women 30-34 200 Yard Freestyle

1	Hartford, Catherine 30.65 - 1:03.46 (32.81) - 1:36.95 (33.49) - 2:10.20 (33.25)	31	Excel Swimming	2:15.00	2:10.20
2	Fromm, Talia 42.66 - 1:34.44 (51.78) - 2:29.77 (55.33) - 3:25.44 (55.67)	34	Excel Swimming	4:00.00	3:25.44
---	Stranzl, Colleen	32	Agua Masters	2:30.10	SCR

Women 30-34 50 Yard Backstroke

1	Megherian, Christina	32	Excel Swimming	36.00	36.22
2	Rudes, Lauren	32	Excel Swimming	40.00	38.44

Women 30-34 100 Yard Backstroke

1	Sonstegard, Anna 32.84 - 1:07.52 (34.68)	30	Excel Swimming	1:08.47	1:07.52
2	Hartford, Catherine 34.80 - 1:10.36 (35.56)	31	Excel Swimming	1:12.00	1:10.36
---	Megherian, Christina	32	Excel Swimming	1:24.00	SCR

Women 30-34 50 Yard Breaststroke

---	Stranzl, Colleen	32	Agua Masters	36.76	SCR
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Women 30-34 50 Yard Butterfly

---	Stranzl, Colleen	32	Agua Masters	32.42	SCR
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Women 30-34 100 Yard Butterfly

1	Sonstegard, Anna 29.71 - 1:05.67 (35.96)	30	Excel Swimming	1:05.47	1:05.67
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Women 30-34 100 Yard IM

1	Sonstegard, Anna 31.71 - 1:10.27 (38.56)	30	Excel Swimming	1:07.57	1:10.27
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Women 35-39 50 Yard Freestyle

1	Sabbatino, Nicole	35	Excel Swimming	30.00	31.65
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Women 35-39 100 Yard Freestyle

1	Kopistecki, Megan 32.81 - 1:07.71 (34.90)	37	Long Island City YMCA Masters	1:10.05	1:07.71
2	Sabbatino, Nicole 34.61 - 1:11.39 (36.78)	35	Excel Swimming	1:05.00	1:11.39

Women 35-39 200 Yard Freestyle

1	Sabbatino, Nicole 35.64 - 1:15.68 (40.04) - 2:39.98 (1:24.30)	35	Excel Swimming	2:30.00	2:39.98
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Women 35-39 50 Yard Backstroke

1	Vietmeier, Angela	38	Excel Swimming	45.10	39.37
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Women 35-39 100 Yard Backstroke

1	Kopistecki, Megan	37	Long Island City YMCA Masters	1:22.30	1:16.35
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	37.04 - 1:16.35 (39.31)			
2	Vietmeier, Angela	38	Excel Swimming	1:30.18 1:26.12
	41.57 - 1:26.12 (44.55)			
Women 35-39 100 Yard Breaststroke				
1	Kopistecki, Megan	37	Long Island City YMCA Masters	1:30.50 1:22.75
	38.80 - 1:22.75 (43.95)			
Women 35-39 100 Yard Butterfly				
1	Kopistecki, Megan	37	Long Island City YMCA Masters	1:18.50 1:12.78
	34.03 - 1:12.78 (38.75)			
Women 35-39 100 Yard IM				
1	Vietmeier, Angela	38	Excel Swimming	1:27.60 1:24.98
	40.36 - 1:24.98 (44.62)			
Women 40-44 50 Yard Freestyle				
1	Kilpatrick, Kaira	43	Sacramento Masters	29.00 27.83
Women 40-44 50 Yard Backstroke				
1	Kilpatrick, Kaira	43	Sacramento Masters	38.00 35.56
Women 40-44 50 Yard Breaststroke				
1	Kilpatrick, Kaira	43	Sacramento Masters	37.00 36.38
Women 40-44 50 Yard Butterfly				
1	Kilpatrick, Kaira	43	Sacramento Masters	30.00 30.00
Women 45-49 50 Yard Freestyle				
1	Heppner, Marie E	47	Excel Swimming	48.60 35.48
2	Gill, Sarah	48	Long Island City YMCA Masters	1:00.00 56.34
Women 45-49 100 Yard Freestyle				
1	Heppner, Marie E	47	Excel Swimming	1:37.50 1:20.65
	37.12 - 1:20.65 (43.53)			
---	Gill, Sarah	48	Long Island City YMCA Masters	2:30.00 DNF
	Did not finish			
Women 45-49 50 Yard Backstroke				
---	Gill, Sarah	48	Long Island City YMCA Masters	1:00.00 NS
Women 45-49 100 Yard Backstroke				
1	Gill, Sarah	48	Long Island City YMCA Masters	2:30.00 2:15.99
	1:02.00 - 2:15.99 (1:13.99)			
Women 45-49 50 Yard Breaststroke				
1	Heppner, Marie E	47	Excel Swimming	NT 45.48
2	Verbouwens, Deanna	48	Total Masters Swimming	1:15.00 48.43
Women 50-54 50 Yard Freestyle				
1	Simko, Katherine	53	Excel Swimming	NT 40.14
2	Gould, Monica M	54	Total Masters Swimming	50.00 1:00.62
Women 50-54 100 Yard Freestyle				
1	Simko, Katherine	53	Excel Swimming	NT 1:28.73
	40.70 - 1:28.73 (48.03)			
2	Strohson, Allison	54	Excel Swimming	1:50.30 1:34.42
	46.23 - 1:34.42 (48.19)			
Women 50-54 200 Yard Freestyle				
1	Simko, Katherine	53	Excel Swimming	NT 3:18.93
	45.47 - 1:37.20 (51.73) - 2:28.78 (51.58) - 3:18.93 (50.15)			
Women 50-54 50 Yard Backstroke				
1	Gould, Monica M	54	Total Masters Swimming	1:12.00 1:15.19
Women 50-54 50 Yard Breaststroke				
1	Gould, Monica M	54	Total Masters Swimming	1:05.00 1:03.53
Women 55-59 50 Yard Freestyle				
1	Koster, Carolyn	57	Express Masters	29.67 29.46

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2	Elkis-Abuhoff, Deborah	56	Excel Swimming	35.44	32.12
3	Ciardullo, Joy M	57	Excel Swimming	40.00	41.66
4	Macagnone, Marguerite	56	Total Masters Swimming	55.00	43.18
5	Taylor, Christine	56	Excel Swimming	1:03.90	59.18
Women 55-59 100 Yard Freestyle					
1	Gallo, Christine	55	Excel Swimming	1:20.51	1:16.15
	36.50 - 1:16.15 (39.65)				
Women 55-59 200 Yard Freestyle					
1	Gallo, Christine	55	Excel Swimming	2:54.34	2:47.60
	39.13 - 1:21.20 (42.07) - 2:05.07 (43.87) - 2:47.60 (42.53)				
Women 55-59 50 Yard Backstroke					
1	Macagnone, Marguerite	56	Total Masters Swimming	1:10.00	54.84
2	Ciardullo, Joy M	57	Excel Swimming	55.00	57.66
3	Taylor, Christine	56	Excel Swimming	1:27.49	1:21.26
Women 55-59 50 Yard Breaststroke					
1	Koster, Carolyn	57	Express Masters	36.00	35.75
2	Elkis-Abuhoff, Deborah	56	Excel Swimming	49.10	44.89
3	Gallo, Christine	55	Excel Swimming	48.11	45.29
Women 55-59 100 Yard Breaststroke					
1	Koster, Carolyn	57	Express Masters	1:18.90	1:18.44
	37.38 - 1:18.44 (41.06)				
2	Gallo, Christine	55	Excel Swimming	1:41.61	1:38.36
	47.37 - 1:38.36 (50.99)				
Women 55-59 50 Yard Butterfly					
1	Elkis-Abuhoff, Deborah	56	Excel Swimming	39.92	38.36
2	Witte, Linda S	55	Excel Swimming	45.00	56.15
Women 55-59 100 Yard Butterfly					
1	Witte, Linda S	55	Excel Swimming	2:02.00	2:08.43
	57.64 - 2:08.43 (1:10.79)				
Women 55-59 100 Yard IM					
1	Elkis-Abuhoff, Deborah	56	Excel Swimming	1:25.36	1:25.05
	38.72 - 1:25.05 (46.33)				
2	Witte, Linda S	55	Excel Swimming	2:02.10	2:06.89
	59.30 - 2:06.89 (1:07.59)				
Women 60-64 50 Yard Freestyle					
1	Lynch, Carol	62	Metro Masters Swim Club	35.00	35.32
2	Kowal-Connelly, Suanne	61	Excel Swimming	NT	41.52
3	Shortino, Ann	60	Excel Swimming	49.69	51.99
---	Silverman, Judith	63	Uc06	38.00	SCR
---	Baumann, Lisa K	60	Excel Swimming	NT	SCR
Women 60-64 100 Yard Freestyle					
1	Lynch, Carol	62	Metro Masters Swim Club	1:19.00	1:22.39
	38.28 - 1:22.39 (44.11)				
2	Kowal-Connelly, Suanne	61	Excel Swimming	NT	1:34.45
	45.14 - 1:34.45 (49.31)				
3	Snyder, Sharon	60	Agua Masters	1:40.00	1:36.31
	45.64 - 1:36.31 (50.67)				
4	Shortino, Ann	60	Excel Swimming	1:53.85	1:58.87
	53.62 - 1:58.87 (1:05.25)				
---	Silverman, Judith	63	Uc06	1:30.00	SCR
---	Baumann, Lisa K	60	Excel Swimming	NT	SCR
Women 60-64 200 Yard Freestyle					
---	Silverman, Judith	63	Uc06	3:20.00	SCR

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---	Baumann, Lisa K	60	Excel Swimming	NT	SCR
Women 60-64 50 Yard Backstroke					
1	Shortino, Ann	60	Excel Swimming	56.03	55.13
Women 60-64 100 Yard Backstroke					
---	Snyder, Sharon	60	Agua Masters	2:15.00	NS
Women 60-64 50 Yard Butterfly					
1	Snyder, Sharon	60	Agua Masters	52.00	50.66
Women 60-64 100 Yard Butterfly					
1	Snyder, Sharon	60	Agua Masters	2:00.00	2:00.77
	53.30 - 2:00.77 (1:07.47)				
Women 75-79 50 Yard Freestyle					
1	Rosenstreich, Susan	77	Maritime Privateers Masters	NT	53.74
Women 75-79 50 Yard Breaststroke					
---	James, Nancy	77	Excel Swimming	50.54	SCR
Women 75-79 100 Yard Breaststroke					
---	James, Nancy	77	Excel Swimming	1:52.52	SCR
Men 18-24 50 Yard Freestyle					
---	Quinn, Ian T	24	Uc07	24.98	SCR
Men 18-24 100 Yard Freestyle					
---	Quinn, Ian T	24	Uc07	58.98	SCR
Men 18-24 200 Yard Freestyle					
---	Quinn, Ian T	24	Uc07	2:15.66	SCR
---	St. Vincent, Thomas P	24	Ridgefield Aquatic Club Master	1:48.57	SCR
Men 18-24 50 Yard Butterfly					
---	Quinn, Ian T	24	Uc07	26.72	SCR
Men 18-24 100 Yard IM					
---	St. Vincent, Thomas P	24	Ridgefield Aquatic Club Master	58.55	SCR
Men 25-29 50 Yard Freestyle					
1	Wilson, Kyle N	26	Islanders Aquatics Masters	22.53	22.42
2	Byrnes, Evan	26	Islanders Aquatics Masters	23.00	23.51
3	Ramos, Carlo	25	Total Masters Swimming	NT	26.97
4	Kravchuk, Maksym	26	Long Island City YMCA Masters	25.65	27.37
---	Allen, Billy	28	Total Masters Swimming	27.00	NS
---	Lee, Bryan	29	Garden State Masters	26.72	SCR
Men 25-29 100 Yard Freestyle					
1	Wilson, Kyle N	26	Islanders Aquatics Masters	48.99	49.78
	24.27 - 49.78 (25.51)				
2	Byrnes, Evan	26	Islanders Aquatics Masters	52.20	52.02
	24.99 - 52.02 (27.03)				
3	Kravchuk, Maksym	26	Long Island City YMCA Masters	1:00.00	1:01.33
	28.81 - 1:01.33 (32.52)				
4	Allen, Billy	28	Total Masters Swimming	1:00.00	1:03.46
	30.61 - 1:03.46 (32.85)				
---	Ramos, Carlo	25	Total Masters Swimming	NT	SCR
---	Millard, Jelani	25	Life Time Swim New Jersey	51.20	SCR
Men 25-29 200 Yard Freestyle					
1	Allen, Billy	28	Total Masters Swimming	2:09.00	2:14.91
	30.48 - 1:03.56 (33.08) - 1:38.85 (35.29) - 2:14.91 (36.06)				
Men 25-29 50 Yard Backstroke					
1	Ramos, Carlo	25	Total Masters Swimming	NT	33.62
---	Lee, Bryan	29	Garden State Masters	29.82	SCR
Men 25-29 100 Yard Backstroke					
1	Oppenheimer, Hank G	25	Excel Swimming	1:30.00	1:22.61

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38.24 - 1:22.61 (44.37)

Men 25-29 50 Yard Breaststroke

1	Kravchuk, Maksym	26	Long Island City YMCA Masters	30.55	31.48
2	Allen, Billy	28	Total Masters Swimming	35.00	36.37
3	Ramos, Carlo	25	Total Masters Swimming	NT	36.59
---	Lee, Bryan	29	Garden State Masters	33.50	SCR

Men 25-29 100 Yard Breaststroke

1	Oppenheimer, Hank G	25	Excel Swimming	1:40.00	1:28.95
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40.70 - 1:28.95 (48.25)

Men 25-29 50 Yard Butterfly

1	Kravchuk, Maksym	26	Long Island City YMCA Masters	28.90	31.61
---	Lee, Bryan	29	Garden State Masters	29.94	SCR

Men 25-29 100 Yard Butterfly

1	Wilson, Kyle N	26	Islanders Aquatics Masters	54.55	54.63
				25.77 - 54.63 (28.86)	
2	Byrnes, Evan	26	Islanders Aquatics Masters	58.00	58.31
				26.97 - 58.31 (31.34)	
3	Oppenheimer, Hank G	25	Excel Swimming	1:30.00	1:15.65
				32.12 - 1:15.65 (43.53)	
---	Millard, Jelani	25	Life Time Swim New Jersey	55.74	SCR

Men 25-29 100 Yard IM

1	Oppenheimer, Hank G	25	Excel Swimming	1:30.00	1:16.82
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36.20 - 1:16.82 (40.62)

Men 30-34 50 Yard Freestyle

1	Blazuk, Andrew C	30	Excel Swimming	23.00	21.94
2	Corrigan, Patrick	30	Total Masters Swimming	30.00	29.65
3	Silverman, Daniel	33	Uc06	31.50	31.07

Men 30-34 100 Yard Freestyle

1	Blazuk, Andrew C	30	Excel Swimming	50.00	48.84
				23.72 - 48.84 (25.12)	
2	Stanton, Ryan W	30	Islanders Aquatics Masters	1:25.00	1:02.44
				30.52 - 1:02.44 (31.92)	
3	Corrigan, Patrick	30	Total Masters Swimming	1:30.00	1:07.30
				31.54 - 1:07.30 (35.76)	
4	Silverman, Daniel	33	Uc06	1:15.00	1:23.97
				36.88 - 1:23.97 (47.09)	

Men 30-34 200 Yard Freestyle

1	Stanton, Ryan W	30	Islanders Aquatics Masters	3:05.00	2:22.60
				30.96 - 1:07.10 (36.14) - 1:45.04 (37.94) - 2:22.60 (37.56)	
2	Corrigan, Patrick	30	Total Masters Swimming	NT	2:47.05
				36.29 - 1:18.01 (41.72) - 2:02.76 (44.75) - 2:47.05 (44.29)	

Men 30-34 50 Yard Backstroke

1	Raigla, Kaspar	30	Bearcat Masters	23.50	24.68
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Men 30-34 100 Yard Backstroke

1	Raigla, Kaspar	30	Bearcat Masters	52.00	56.03
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26.51 - 56.03 (29.52)

Men 30-34 50 Yard Breaststroke

1	Silverman, Daniel	33	Uc06	45.00	44.74
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Men 30-34 50 Yard Butterfly

1	Raigla, Kaspar	30	Bearcat Masters	23.00	23.88
2	Silverman, Daniel	33	Uc06	43.00	45.78
---	Stanton, Ryan W	30	Islanders Aquatics Masters	50.00	NS

Men 30-34 100 Yard Butterfly

1	Raigla, Kaspar	30	Bearcat Masters	51.00	53.42
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	24.37 - 53.42 (29.05)			
Men 30-34 100 Yard IM				
1 Blazuk, Andrew C	30	Excel Swimming	1:00.00	59.33
	26.72 - 59.33 (32.61)			
Men 35-39 50 Yard Freestyle				
1 Tannenbaum, Shawn	35	Total Masters Swimming	31.00	25.97
2 McIntyre, Jonathan	39	Open Water Swim Team	28.00	25.99
3 Gonzalez, Ronald	39	Long Island City YMCA Masters	45.00	44.45
Men 35-39 100 Yard Freestyle				
--- Tannenbaum, Shawn	35	Total Masters Swimming	1:08.00	NS
Men 35-39 50 Yard Backstroke				
--- McIntyre, Jonathan	39	Open Water Swim Team	30.00	NS
Men 35-39 50 Yard Breaststroke				
1 Gonzalez, Ronald	39	Long Island City YMCA Masters	1:02.00	1:02.03
Men 35-39 50 Yard Butterfly				
1 Tannenbaum, Shawn	35	Total Masters Swimming	37.00	33.04
Men 35-39 100 Yard IM				
--- Tannenbaum, Shawn	35	Total Masters Swimming	1:25.00	DQ
	33.96 - DQ (38.74)			
Men 40-44 50 Yard Freestyle				
1 Burns, James	43	Uc06	25.00	24.32
2 Williamson, John	43	Excel Swimming	24.97	29.41
Men 40-44 100 Yard Freestyle				
1 Fuhrmann, Kent	42	Islanders Aquatics Masters	53.28	54.27
	25.46 - 54.27 (28.81)			
2 Burns, James	43	Uc06	57.00	54.52
	26.51 - 54.52 (28.01)			
Men 40-44 200 Yard Freestyle				
1 Fuhrmann, Kent	42	Islanders Aquatics Masters	2:02.09	2:05.26
	28.98 - 59.97 (30.99) - 1:32.20 (32.23) - 2:05.26 (33.06)			
2 Burns, James	43	Uc06	2:15.00	2:09.56
	30.43 - 1:03.33 (32.90) - 1:37.06 (33.73) - 2:09.56 (32.50)			
--- Weiss, Adam	44	Excel Swimming	2:22.64	NS
Men 40-44 50 Yard Breaststroke				
1 Williamson, John	43	Excel Swimming	28.35	28.71
2 Weiss, Adam	44	Excel Swimming	33.95	32.92
Men 40-44 100 Yard Breaststroke				
1 Williamson, John	43	Excel Swimming	1:01.55	1:05.13
	30.86 - 1:05.13 (34.27)			
Men 40-44 50 Yard Butterfly				
--- Weiss, Adam	44	Excel Swimming	28.95	NS
Men 40-44 100 Yard IM				
1 Williamson, John	43	Excel Swimming	1:03.02	1:02.76
	30.09 - 1:02.76 (32.67)			
2 Burns, James	43	Uc06	1:08.00	1:03.80
	30.47 - 1:03.80 (33.33)			
3 Weiss, Adam	44	Excel Swimming	1:06.06	1:04.39
	30.12 - 1:04.39 (34.27)			
Men 45-49 50 Yard Freestyle				
1 McManus, Thomas	45	Excel Swimming	32.15	28.79
2 Goodman, Jeff	49	Uc06	32.00	31.06
3 Szlechter, Moshe	45	Uc06	31.50	32.41
4 Mandolese, Michael	49	Excel Swimming	NT	36.79

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5	Rothman, Warren	45	Total Masters Swimming	43.00	36.82
---	Akcelik, Cem	49	Total Masters Swimming	NT	SCR
---	Mills, Andrew	45	Uc07	24.36	SCR
---	Zheng, Qiang	47	Excel Swimming	45.00	SCR
Men 45-49 100 Yard Freestyle					
1	McManus, Thomas	45	Excel Swimming	1:22.00	1:06.07
	31.42 - 1:06.07 (34.65)				
2	Szlechter, Moshe	45	Uc06	1:15.00	1:13.99
	33.72 - 1:13.99 (40.27)				
3	Kaufman, David	49	Excel Swimming	1:12.59	1:15.11
	36.15 - 1:15.11 (38.96)				
4	Mandolese, Michael	49	Excel Swimming	NT	1:26.06
	43.56 - 1:26.06 (42.50)				
---	Zheng, Qiang	47	Excel Swimming	1:35.00	SCR
---	Haftel, Frank	45	Excel Swimming	1:30.00	SCR
---	Mills, Andrew	45	Uc07	55.68	SCR
Men 45-49 200 Yard Freestyle					
1	McManus, Thomas	45	Excel Swimming	2:43.50	2:32.67
	33.32 - 1:11.03 (37.71) - 1:51.35 (40.32) - 2:32.67 (41.32)				
2	Mandolese, Michael	49	Excel Swimming	NT	3:44.39
	47.72 - 1:43.23 (55.51) - 2:43.91 (1:00.68) - 3:44.39 (1:00.48)				
---	Haftel, Frank	45	Excel Swimming	2:38.22	SCR
Men 45-49 50 Yard Backstroke					
1	Szlechter, Moshe	45	Uc06	45.00	43.27
2	Goodman, Jeff	49	Uc06	45.00	44.23
Men 45-49 100 Yard Backstroke					
---	Szlechter, Moshe	45	Uc06	2:00.00	DQ
	Delay initiating arm pull				
	48.27 - DQ (50.61)				
Men 45-49 50 Yard Breaststroke					
1	Goodman, Jeff	49	Uc06	45.00	41.64
2	Kaufman, David	49	Excel Swimming	43.47	43.29
---	Mills, Andrew	45	Uc07	32.07	SCR
---	Haftel, Frank	45	Excel Swimming	40.00	SCR
Men 45-49 100 Yard Breaststroke					
1	Kaufman, David	49	Excel Swimming	1:33.19	1:34.70
	44.99 - 1:34.70 (49.71)				
Men 45-49 100 Yard IM					
1	Kaufman, David	49	Excel Swimming	1:24.93	1:25.13
	41.96 - 1:25.13 (43.17)				
2	Goodman, Jeff	49	Uc06	1:45.00	1:45.46
	() ()				
---	Mills, Andrew	45	Uc07	1:08.00	SCR
Men 50-54 50 Yard Freestyle					
1	Dearstyne, Lou	50	Connecticut Masters	23.00	22.79
2	Schore, David	51	Excel Swimming	27.50	26.58
3	Quartuccio, Chris	53	Islanders Aquatics Masters	30.00	27.83
4	Rinn, Andrew	51	Excel Swimming	33.66	31.60
5	Perez, Alan W	53	Uc06	32.00	33.21
6	Drayer, Keith	54	Excel Swimming	36.50	34.16
7	King, Rodger	52	Total Masters Swimming	NT	35.74
8	Schertz, Ari	51	Excel Swimming	40.00	36.16
Men 50-54 100 Yard Freestyle					

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1	Dearstyne, Lou 24.26 - 50.05 (25.79)	50	Connecticut Masters	50.00	50.05
2	Schore, David 27.52 - 59.19 (31.67)	51	Excel Swimming	1:01.00	59.19
3	Quartuccio, Chris 29.11 - 1:01.03 (31.92)	53	Islanders Aquatics Masters	1:05.00	1:01.03
4	Perez, Alan W 36.60 - 1:14.78 (38.18)	53	Uc06	1:15.00	1:14.78
5	Drayer, Keith 34.56 - 1:15.29 (40.73)	54	Excel Swimming	1:20.50	1:15.29
6	King, Rodger 38.77 - 1:20.83 (42.06)	52	Total Masters Swimming	NT	1:20.83
7	Schertz, Ari 39.50 - 1:27.56 (48.06)	51	Excel Swimming	1:30.00	1:27.56
Men 50-54 200 Yard Freestyle					
1	Rinn, Andrew 32.75 - 1:09.87 (37.12) - 1:49.33 (39.46) - 2:29.12 (39.79)	51	Excel Swimming	2:38.10	2:29.12
2	LaRossa, Kenneth 34.13 - 1:12.63 (38.50) - 1:52.92 (40.29) - 2:34.50 (41.58)	50	Excel Swimming	2:42.00	2:34.50
3	Perez, Alan W 37.75 - 1:19.67 (41.92) - 2:05.12 (45.45) - 2:49.28 (44.16)	53	Uc06	2:45.00	2:49.28
4	King, Rodger 43.36 - 1:33.14 (49.78) - 2:26.13 (52.99) - 3:15.56 (49.43)	52	Total Masters Swimming	NT	3:15.56
---	Dearstyne, Lou	50	Connecticut Masters	1:54.00	SCR
---	Schore, David	51	Excel Swimming	2:26.00	SCR
Men 50-54 100 Yard Breaststroke					
1	LaRossa, Kenneth 41.72 - 1:28.54 (46.82)	50	Excel Swimming	1:35.00	1:28.54
2	Rinn, Andrew 43.24 - 1:29.70 (46.46)	51	Excel Swimming	1:33.10	1:29.70
Men 50-54 100 Yard IM					
1	LaRossa, Kenneth 37.54 - 1:18.35 (40.81)	50	Excel Swimming	1:25.00	1:18.35
2	Perez, Alan W 47.67 - 1:39.56 (51.89)	53	Uc06	1:34.00	1:39.56
Men 55-59 50 Yard Freestyle					
1	Ripp, Rob	57	Excel Swimming	33.00	29.90
2	Alali, Ahmed	55	Agua Masters	33.00	31.04
3	Gordon, Mitchell J	59	Uc06	30.50	31.70
4	Plaza, Diego	55	Uc03	NT	34.11
5	Williams, James	59	Excel Swimming	40.00	36.25
---	Hennessy, William	57	Excel Swimming	26.24	SCR
Men 55-59 100 Yard Freestyle					
1	Ripp, Rob 31.92 - 1:06.39 (34.47)	57	Excel Swimming	1:10.00	1:06.39
2	Fallon, Brian 32.46 - 1:08.48 (36.02)	56	Excel Swimming	1:30.00	1:08.48
3	Gordon, Mitchell J 33.31 - 1:10.77 (37.46)	59	Uc06	1:10.00	1:10.77
4	George, Jordan 34.70 - 1:13.29 (38.59)	57	Bearcat Masters	1:13.00	1:13.29
5	Alali, Ahmed 35.18 - 1:16.35 (41.17)	55	Agua Masters	1:20.00	1:16.35
6	Plaza, Diego	55	Uc03	NT	1:22.48

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	37.96 - 1:22.48 (44.52)			
7	Williams, James	59	Excel Swimming	1:45.00 1:29.34
	41.66 - 1:29.34 (47.68)			
---	Hennessy, William	57	Excel Swimming	57.13 SCR
Men 55-59 200 Yard Freestyle				
1	Gordon, Mitchell J	59	Uc06	2:45.00 2:38.96
	33.83 - 1:12.80 (38.97) - 1:56.48 (43.68) - 2:38.96 (42.48)			
---	Hennessy, William	57	Excel Swimming	2:04.56 SCR
Men 55-59 50 Yard Backstroke				
1	Freund, Robert	57	Excel Swimming	29.60 31.19
---	Williams, James	59	Excel Swimming	1:20.00 DQ
Men 55-59 100 Yard Backstroke				
1	Fallon, Brian	56	Excel Swimming	1:45.00 1:27.57
	41.91 - 1:27.57 (45.66)			
Men 55-59 50 Yard Breaststroke				
1	Freund, Robert	57	Excel Swimming	32.60 32.55
2	Cataldo, Keith	56	Excel Swimming	37.00 35.81
3	Plaza, Diego	55	Uc03	NT 44.58
4	George, Jordan	57	Bearcat Masters	52.00 50.10
Men 55-59 100 Yard Breaststroke				
1	Cataldo, Keith	56	Excel Swimming	1:22.00 1:25.74
	39.68 - 1:25.74 (46.06)			
---	Hennessy, William	57	Excel Swimming	1:14.17 SCR
Men 55-59 50 Yard Butterfly				
1	Fallon, Brian	56	Excel Swimming	40.00 34.46
2	Alali, Ahmed	55	Agua Masters	40.00 40.03
Men 55-59 100 Yard IM				
1	Freund, Robert	57	Excel Swimming	1:03.30 1:04.12
	29.63 - 1:04.12 (34.49)			
2	Cataldo, Keith	56	Excel Swimming	1:15.00 1:14.38
	35.41 - 1:14.38 (38.97)			
Men 60-64 50 Yard Freestyle				
1	Groner, Peter	61	Excel Swimming	27.60 27.58
2	Sendel, Bob	61	Uc06	30.00 29.75
3	Albright, Stephen	61	Total Masters Swimming	45.00 32.62
Men 60-64 100 Yard Freestyle				
1	Groner, Peter	61	Excel Swimming	1:01.00 59.73
	29.43 - 59.73 (30.30)			
2	Albright, Stephen	61	Total Masters Swimming	1:20.00 1:14.11
	34.74 - 1:14.11 (39.37)			
Men 60-64 200 Yard Freestyle				
1	Groner, Peter	61	Excel Swimming	2:15.00 2:13.85
	30.37 - 1:03.88 (33.51) - 1:38.77 (34.89) - 2:13.85 (35.08)			
2	Albright, Stephen	61	Total Masters Swimming	2:45.00 2:46.06
	36.55 - 1:16.99 (40.44) - 2:00.58 (43.59) - 2:46.06 (45.48)			
Men 60-64 50 Yard Backstroke				
1	Albright, Stephen	61	Total Masters Swimming	1:00.00 49.70
Men 60-64 100 Yard Backstroke				
---	Sokolow, Steven	62	Agua Masters	1:25.00 SCR
Men 60-64 100 Yard Breaststroke				
1	Infield, Richard M	60	Excel Swimming	1:27.50 1:31.59
	43.65 - 1:31.59 (47.94)			
---	Sokolow, Steven	62	Agua Masters	1:45.00 SCR

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Men 60-64 50 Yard Butterfly

1 Sendel, Bob 61 Uc06 32.00 32.78

Men 60-64 100 Yard Butterfly

--- Sokolow, Steven 62 Agua Masters 1:30.00 SCR

Men 60-64 100 Yard IM

1 Infield, Richard M 60 Excel Swimming 1:20.00 1:30.09
43.09 - 1:30.09 (47.00)

--- Sokolow, Steven 62 Agua Masters 1:35.00 SCR

Men 65-69 50 Yard Freestyle

1 Chodosh, Alan 65 Excel Swimming 45.00 32.46

2 Friedberg, Steven 65 Excel Swimming NT 36.24

--- Camhi, Stephen 69 Uc06 38.00 SCR

Men 65-69 100 Yard Freestyle

1 Benson, Richard 66 Excel Swimming 1:28.00 1:16.42
37.05 - 1:16.42 (39.37)

2 Chodosh, Alan 65 Excel Swimming 1:40.00 1:21.36
40.71 - 1:21.36 (40.65)

3 Friedberg, Steven 65 Excel Swimming NT 1:22.35
38.21 - 1:22.35 (44.14)

--- Camhi, Stephen 69 Uc06 1:30.00 SCR

Men 65-69 200 Yard Freestyle

1 Chodosh, Alan 65 Excel Swimming 3:20.00 2:59.86
42.91 - 1:27.89 (44.98) - 2:14.10 (46.21) - 2:59.86 (45.76)

--- Camhi, Stephen 69 Uc06 3:20.00 SCR

Men 65-69 50 Yard Backstroke

1 Rawley, James W 65 Excel Swimming 38.00 35.84

Men 65-69 100 Yard Backstroke

1 Benson, Richard 66 Excel Swimming 1:55.00 1:38.57
47.94 - 1:38.57 (50.63)

Men 65-69 100 Yard Breaststroke

1 Benson, Richard 66 Excel Swimming 2:05.00 1:49.61
53.90 - 1:49.61 (55.71)

Men 65-69 50 Yard Butterfly

1 Rawley, James W 65 Excel Swimming 32.00 30.47

Men 65-69 100 Yard Butterfly

1 Rawley, James W 65 Excel Swimming 1:45.00 1:11.21
33.26 - 1:11.21 (37.95)

2 Benson, Richard 66 Excel Swimming 1:40.00 1:26.72
40.31 - 1:26.72 (46.41)

Men 65-69 100 Yard IM

--- Chodosh, Alan 65 Excel Swimming 2:00.00 DQ
Stroke Infraction back-to-breast turn
43.49 - DQ (46.55)

Men 70-74 100 Yard Freestyle

1 Kolonkowski, Bob 71 Agua Masters 1:13.87 1:19.78
39.53 - 1:19.78 (40.25)

Men 70-74 50 Yard Backstroke

1 Kolonkowski, Bob 71 Agua Masters 39.38 39.34

Men 70-74 100 Yard Backstroke

1 Kolonkowski, Bob 71 Agua Masters 1:27.83 1:33.86
46.80 - 1:33.86 (47.06)

Men 70-74 100 Yard Butterfly

1 Kolonkowski, Bob 71 Agua Masters 1:35.36 1:34.46
43.45 - 1:34.46 (51.01)

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Men 75-79 200 Yard Freestyle

1 Hatchette, Michael A 77 New England Masters Swim Club 4:00.00 4:16.11
 55.08 - 4:16.11 (3:21.03)

Men 75-79 50 Yard Backstroke

1 Hatchette, Michael A 77 New England Masters Swim Club 1:03.00 1:06.08

Men 75-79 100 Yard IM

1 Hatchette, Michael A 77 New England Masters Swim Club 2:25.00 2:29.40

Men 80-84 50 Yard Freestyle

1 Schloss, Steve 82 Metro Masters Swim Club 45.13 46.66

Men 80-84 100 Yard Freestyle

1 Schloss, Steve 82 Metro Masters Swim Club 1:42.84 1:46.85
 50.79 - 1:46.85 (56.06)

Men 80-84 200 Yard Freestyle

1 Schloss, Steve 82 Metro Masters Swim Club 3:46.06 4:04.88
 54.26 - 4:04.88 (3:10.62)

Women 18+ 200 Yard Freestyle Relay

--- Excel Swimming "C" NT SCR

Women 65+ 200 Yard Freestyle Relay

1 Excel Swimming "B" 3:00.00 2:09.73
 1) Simko, Katherine W53 2) Megherian, Christ W32 3) Rudes, Lauren W32 4) Sonstegard, Anna W30
 41.06 1:10.21 (29.15) 1:42.11 (31.90) 2:09.73 (27.62)
 2 Excel Swimming "A" 2:40.00 2:14.88
 1) Gallo, Christine W55 2) Brenner, Logan W28 3) Elkis-Abuhoff, Deb W56 4) Vietmeier, Angela W38
 34.26 1:10.89 (36.63) 1:42.59 (31.70) 2:14.88 (32.29)

Men 25+ 200 Yard Freestyle Relay

1 Islanders Aquatics Masters "A" 7:20.00 1:38.85
 1) Fuhrmann, Kent M42 2) Stanton, Ryan W M30 3) Byrnes, Evan M26 4) Wilson, Kyle N M26
 24.31 51.32 (27.01) 1:15.96 (24.64) 1:38.85 (22.89)

Men 65+ 200 Yard Freestyle Relay

1 Total Masters Swimming "A" 2:10.00 2:05.09
 1) Rothman, Warren M45 2) Akcelik, Cem M49 3) Albright, Stephen M61 4) Allen, Billy M28
 38.32 1:10.10 (31.78) 1:36.37 (26.27) 2:05.09 (28.72)

Mixed 45+ 200 Yard Freestyle Relay

1 Long Island City YMCA Masters "A" 2:35.00 2:28.97
 1) Gill, Sarah W48 2) Kopistecki, Megan W37 3) Gonzalez, Ronald M39 4) Kravchuk, Maksym M26
 51.99 () 1:28.49 (36.50) 2:28.97 (1:00.48)

Mixed 55+ 200 Yard Freestyle Relay

1 Total Masters Swimming "A" 3:00.00 2:26.64
 1) Ramos, Carlo M25 2) Maroney, Flo W29 3) Verbouwens, Dea W48 4) Macagnone, Margue W56
 1:05.60 () 1:44.71 (39.11) 2:26.64 (41.93)

Mixed 65+ 200 Yard Freestyle Relay

1 Excel Swimming "A" 2:30.00 1:50.46
 1) Schore, David M51 2) Mulligan, Nicole W28 3) Fallon, Brian M56 4) Hartford, Cather W31
 26.60 1:22.93 () 1:50.46 (27.53)
 2 Excel Swimming "C" NT 2:12.25
 1) Rinn, Andrew M51 2) Ciardullo, Joy W57 3) Oppenheimer, H M25 4) Heppner, Marie W47
 31.67 1:10.55 (38.88) 1:22.42 (11.87) 2:12.25 (49.83)

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3	Total Masters Swimming "B"			2:20.00	2:13.30
	1) Corrigan, Patrick M30 32.24	2) Cassetta, Jamie L W19 1:09.30 (37.06)	3) King, Rodger M52 1:44.51 (35.21)	4) Unknown 4 th Swimmer 2:13.30 (28.79)	
4	Excel Swimming "B"			3:10.00	2:13.47
	1) Sabbatino, Nicole W35 32.12	2) Mandolese, Mich M49 1:07.16 (35.04)	3) Fromm, Talia W34 1:44.56 (37.40)	4) McManus, Thomas M45 2:13.47 (28.91)	
5	Excel Swimming "D"			NT	2:58.39
	1) Benson, Richard M66	2) Drayer, Keith M54 1:01.73 ()	3) Infield, Richard M60 1:49.32 (47.59)	4) Ripp, Rob M57 2:58.39 (1:09.07)	