

✧ IMPORTANT MEET REMINDERS ✧

Competition course warm-up is from 8:00-8:50am with one-way sprint lanes opening at 8:30am. No equipment (paddles, fins, kickboards, etc.) may be used during warm-up. Adjacent lane(s) in the diving section will remain open throughout the meet for continuous warm-up and cool down.

Relay entry deadline is 8:45am (submit to computer table). First make sure all of your relay swimmers are present. Age of youngest relay member determines relay age group. Swimmers must all be USMS-registered with the same club and individually entered in the meet for relay participation eligibility. Swimmer order may not change once entry is submitted. Unattached swimmers are not eligible for relays. Blank relay entry forms will be available at the computer table. Relay heat sheets will be posted on the west wall between the public locker rooms.

Listen to announcements and follow event progress so you don't miss your heat; we can not hold up the meet for someone who misses their event. Exit the water immediately following your race so we can keep the meet moving within the timeline.

Live results will be uploaded to Meet Mobile throughout the meet with paper results posted on the west wall between the public locker rooms. Review results and report any discrepancy to the computer table (don't wait until after the meet to do so) so errors can be resolved immediately.

Awards can be picked up at the deep end of the pool. Please do so before the end of the meet (no awards will be mailed after the meet has concluded).

Please review and follow general facility rules and guidelines. Thank you!