

RESULTS: Sunday, October 21, 2012 C. W. Post Masters Yard Meet

Name	Age	Club	Final
Women 18-24 100 Yard Backstroke			
1 Ryan, Sarah	23	LIEM	1:04.88
	31.36	1:04.88 (33.52)	
Women 18-24 50 Yard Butterfly			
1 Ryan, Sarah	23	LIEM	27.79
Women 18-24 100 Yard Butterfly			
1 Ryan, Sarah	23	LIEM	1:02.14
	28.97	1:02.14 (33.17)	
Women 30-34 50 Yard Freestyle			
1 Goldberg, Adele	33	Unattached	34.13
2 Larkin, Kelly	34	LIEM	36.66
Women 30-34 100 Yard Freestyle			
1 Larkin, Kelly	34	LIEM	1:22.30
	38.88	1:22.30 (43.42)	
Women 30-34 200 Yard Freestyle			
1 Caccavallo, Alaine	31	LIEM	2:37.67
	34.12	1:12.70 (38.58)	1:54.69 (41.99) 2:37.67 (42.98)
2 Larkin, Kelly	34	LIEM	3:01.40
	40.42	1:25.86 (45.44)	2:13.66 (47.80) 3:01.40 (47.74)
Women 30-34 500 Yard Freestyle			
1 Goldberg, Adele	33	Unattached	6:55.22
	38.46	1:19.24 (40.78)	2:01.03 (41.79) 2:42.88 (41.85)
	3:25.73 (42.85)	4:08.38 (42.65)	4:50.69 (42.31) 5:33.09 (42.40)
	6:15.87 (42.78)	6:55.22 (39.35)	
2 Caccavallo, Alaine	31	LIEM	7:07.68
	37.92	1:19.25 (41.33)	2:02.01 (42.76) 2:44.91 (42.90)
	3:28.98 (44.07)	4:12.91 (43.93)	4:56.81 (43.90) 5:40.99 (44.18)
	6:24.88 (43.89)	7:07.68 (42.80)	
Women 30-34 50 Yard Breaststroke			
1 Brannan, Karen	32	LIEM	38.48
2 Caccavallo, Alaine	31	LIEM	41.54
Women 30-34 100 Yard Breaststroke			
1 Brannan, Karen	32	LIEM	1:22.73
	39.83	1:22.73 (42.90)	
2 Larkin, Kelly	34	LIEM	2:04.38
	1:00.17	2:04.38 (1:04.21)	
Women 30-34 50 Yard Butterfly			
1 Goldberg, Adele	33	Unattached	37.37
Women 30-34 100 Yard Butterfly			
1 Goldberg, Adele	33	Unattached	1:26.54
	41.48	1:26.54 (45.06)	
Women 30-34 200 Yard Butterfly			
1 Goldberg, Adele	33	Unattached	3:06.16
	43.70	1:29.32 (45.62)	2:19.53 (50.21) 3:06.16 (46.63)
Women 30-34 100 Yard Individual Medley			
1 Brannan, Karen	32	LIEM	1:16.59
	36.31	1:16.59 (40.28)	
2 Caccavallo, Alaine	31	LIEM	1:22.97
	39.77	1:22.97 (43.20)	
Women 55-59 50 Yard Freestyle			
1 Rogers, Alice	57	AQFT	1:00.03
Women 55-59 100 Yard Freestyle			
1 Rogers, Alice	57	AQFT	2:29.35
	1:08.84	2:29.35 (1:20.51)	
Women 55-59 50 Yard Breaststroke			
1 Rogers, Alice	57	AQFT	1:24.58

Women 60-64 50 Yard Freestyle

1 Smith, Mary Elizabeth 62 AQFT 44.46

Women 60-64 100 Yard Freestyle

1 Smith, Mary Elizabeth 62 AQFT 1:43.55

48.56 1:43.55 (54.99)

Women 60-64 200 Yard Freestyle

1 Mann, Margot 63 REDT 3:02.60

41.48 1:28.65 (47.17) 2:16.66 (48.01) 3:02.60 (45.94)

Women 60-64 500 Yard Freestyle

1 Mann, Margot 63 REDT 7:54.05

42.48 1:28.73 (46.25) 2:17.55 (48.82) 3:06.43 (48.88)

3:55.26 (48.83) 4:44.40 (49.14) 5:32.99 (48.59) 6:20.82 (47.83)

7:08.07 (47.25) 7:54.05 (45.98)

Women 60-64 50 Yard Breaststroke

1 Mann, Margot 63 REDT 48.62

Women 60-64 100 Yard Butterfly

1 Mann, Margot 63 REDT 1:45.54

49.24 1:45.54 (56.30)

Women 60-64 100 Yard Individual Medley

1 Mann, Margot 63 REDT 1:37.57

48.10 1:37.57 (49.47)

Men 18-24 50 Yard Freestyle

1 Smith, Bobby 23 LIEM 24.59

2 Nussen, Adam 24 METR 25.63

Men 18-24 100 Yard Freestyle

1 Nussen, Adam 24 METR 55.91

27.21 55.91 (28.70)

Men 18-24 200 Yard Freestyle

1 Nussen, Adam 24 METR 2:07.55

30.10 1:02.35 (32.25) 1:35.35 (33.00) 2:07.55 (32.20)

Men 18-24 50 Yard Backstroke

1 Smith, Bobby 23 LIEM 25.25

Men 18-24 100 Yard Backstroke

1 Smith, Bobby 23 LIEM 52.54

25.84 52.54 (26.70)

Men 18-24 200 Yard Backstroke

1 Smith, Bobby 23 LIEM 2:20.08

30.92 1:05.97 (35.05) 1:43.12 (37.15) 2:20.08 (36.96)

Men 18-24 100 Yard Butterfly

1 Nussen, Adam 24 METR 1:05.78

31.04 1:05.78 (34.74)

Men 18-24 100 Yard Individual Medley

1 Smith, Bobby 23 LIEM 56.54

26.57 56.54 (29.97)

Men 25-29 200 Yard Freestyle

1 Koralewski, Brian 25 POST 1:50.52

25.96 54.11 (28.15) 1:22.53 (28.42) 1:50.52 (27.99)

Men 25-29 100 Yard Butterfly

1 Koralewski, Brian 25 POST 54.50

25.17 54.50 (29.33)

Men 25-29 100 Yard Individual Medley

1 Koralewski, Brian 25 POST 56.04

26.14 56.04 (29.90)

Men 30-34 100 Yard Freestyle

1 Zaratin, Erik 33 POST 52.18

25.37 52.18 (26.81)

Men 30-34 500 Yard Freestyle

1 Zaratin, Erik 33 POST 5:29.89

27.77 58.40 (30.63) 1:30.54 (32.14) 2:03.86 (33.32)

2:37.73 (33.87) 3:12.07 (34.34) 3:46.50 (34.43) 4:21.04 (34.54)

4:55.58 (34.54) 5:29.89 (34.31)

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Men 40-44 50 Yard Freestyle

1 Nellen, Christopher 44 POST 25.74

Men 40-44 100 Yard Freestyle

1 Nellen, Christopher 44 POST 56.46
26.77 56.46 (29.69)

Men 40-44 200 Yard Freestyle

1 Nellen, Christopher 44 POST 2:06.45
28.51 59.89 (31.38) 1:32.69 (32.80) 2:06.45 (33.76)

Men 40-44 500 Yard Freestyle

1 Kaufman, David 42 AQFT 7:35.77
39.13 1:21.81 (42.68) 2:06.79 (44.98) 2:52.73 (45.94)
3:40.57 (47.84) 4:28.74 (48.17) 5:16.64 (47.90) 6:04.07 (47.43)
6:51.47 (47.40) 7:35.77 (44.30)

Men 40-44 100 Yard Individual Medley

1 Nellen, Christopher 44 POST 1:10.33
33.06 1:10.33 (37.27)
2 Kaufman, David 42 AQFT 1:23.67
40.71 1:23.67 (42.96)

Men 40-44 200 Yard Individual Medley

-- Kaufman, David 42 AQFT DQ
43.68

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Men 45-49 50 Yard Freestyle

1 Mattone, Michael 46 POST 25.54
2 He, Lei 48 GSM 26.40
3 Lee, Philip 47 Unattached 33.78

Men 45-49 100 Yard Freestyle

1 Wright, Michael 48 POST 55.81
26.83 55.81 (28.98)
2 He, Lei 48 GSM 1:00.36
29.25 1:00.36 (31.11)
3 Lee, Philip 47 Unattached 1:19.87
36.63 1:19.87 (43.24)

Men 45-49 50 Yard Backstroke

1 Wright, Michael 48 POST 31.69
2 He, Lei 48 GSM 35.38

Men 45-49 50 Yard Breaststroke

1 Mattone, Michael 46 POST 30.50
2 Lee, Philip 47 Unattached 46.72

Men 45-49 100 Yard Breaststroke

1 Lee, Philip 47 Unattached 1:44.95
47.51 1:44.95 (57.44)

Men 45-49 50 Yard Butterfly

1 Lee, Philip 47 Unattached 42.26

Men 45-49 100 Yard Individual Medley

1 Mattone, Michael 46 POST 1:04.02
30.17 1:04.02 (33.85)
2 Wright, Michael 48 POST 1:05.42
30.93 1:05.42 (34.49)

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Men 50-54 50 Yard Freestyle

1 Newman, Steven 50 SYSM 25.08
2 Brown, Jason 53 AQFT 27.81
3 Cataldo, Keith 50 AQFT 29.21
4 Kramer, Eric 52 AQFT 29.84
5 Goran, Steven 54 TNYA 49.62

Men 50-54 100 Yard Freestyle

1 Kramer, Eric 52 AQFT 1:06.96
32.85 1:06.96 (34.11)

Men 50-54 200 Yard Freestyle

1 Newman, Steven 50 SYSM 2:02.16

	28.43	1:00.15 (31.72)	1:31.56 (31.41)	2:02.16 (30.60)
Men 50-54 500 Yard Freestyle				
1 Brown, Jason		53 AQFT		6:13.41
	33.55	1:11.08 (37.53)	1:49.61 (38.53)	2:28.16 (38.55)
	3:06.23 (38.07)	3:44.62 (38.39)	4:22.64 (38.02)	5:00.67 (38.03)
	5:37.99 (37.32)	6:13.41 (35.42)		
Men 50-54 50 Yard Backstroke				
1 Goran, Steven		54 TNYA		1:16.28
Men 50-54 50 Yard Breaststroke				
1 Kramer, Eric		52 AQFT		38.52
Men 50-54 50 Yard Butterfly				
1 Brown, Jason		53 AQFT		31.77
2 Cataldo, Keith		50 AQFT		32.59
3 Goran, Steven		54 TNYA		1:00.12
Men 50-54 100 Yard Individual Medley				
1 Cataldo, Keith		50 AQFT		1:14.04
	36.04	1:14.04 (38.00)		
2 Goran, Steven		54 TNYA		2:23.87
	1:08.24	2:23.87 (1:15.63)		
Men 50-54 200 Yard Individual Medley				
1 Cataldo, Keith		50 AQFT		2:44.76
	35.03	1:20.55 (45.52)	2:06.78 (46.23)	2:44.76 (37.98)
2 Goran, Steven		54 TNYA		5:20.83
	1:08.04	2:35.81 (1:27.77)	4:05.88 (1:30.07)	5:20.83 (1:14.95)
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Men 55-59 50 Yard Freestyle				
1 Kahn, Roger		57 SYSM		25.34
Men 55-59 100 Yard Freestyle				
1 Steers, George		58 WM		1:09.66
	33.45	1:09.66 (36.21)		
Men 55-59 200 Yard Freestyle				
1 Silver, Jonathan		59 REDT		2:32.77
	35.52	1:13.72 (38.20)	1:53.66 (39.94)	2:32.77 (39.11)
2 Steers, George		58 WM		2:34.89
	34.38	1:12.94 (38.56)	1:54.12 (41.18)	2:34.89 (40.77)
Men 55-59 500 Yard Freestyle				
1 Steers, George		58 WM		7:01.15
	36.47	1:17.08 (40.61)	1:59.85 (42.77)	2:43.47 (43.62)
	3:26.41 (42.94)	4:09.95 (43.54)	4:53.80 (43.85)	5:36.66 (42.86)
	6:19.53 (42.87)	7:01.15 (41.62)		
2 Silver, Jonathan		59 REDT		7:12.88
	40.19	1:23.40 (43.21)	2:07.19 (43.79)	2:51.60 (44.41)
	3:35.90 (44.30)	4:20.00 (44.10)	5:03.73 (43.73)	5:47.37 (43.64)
	6:30.64 (43.27)	7:12.88 (42.24)		
Men 55-59 50 Yard Butterfly				
1 Kahn, Roger		57 SYSM		27.00
Men 55-59 200 Yard Butterfly				
1 Silver, Jonathan		59 REDT		3:20.86
	45.06	1:35.96 (50.90)	2:29.05 (53.09)	3:20.86 (51.81)
Men 55-59 200 Yard Individual Medley				
1 Silver, Jonathan		59 REDT		3:01.70
	40.54	1:29.36 (48.82)	2:20.39 (51.03)	3:01.70 (41.31)
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Men 60-64 50 Yard Freestyle				
1 Filatov, Stan		63 REDT		30.09
2 Camhi, Stephen		62 Unattached		34.96
Men 60-64 100 Yard Freestyle				
1 Filatov, Stan		63 REDT		1:09.68
	33.45	1:09.68 (36.23)		
2 Camhi, Stephen		62 Unattached		1:16.63
	37.06	1:16.63 (39.57)		
Men 60-64 200 Yard Freestyle				
1 Camhi, Stephen		62 Unattached		3:11.68

	42.71	1:30.30 (47.59)	2:20.30 (50.00)	3:11.68 (51.38)
Men 60-64 50 Yard Backstroke				
1 Camhi, Stephen		62 Unattached		1:05.13
Men 60-64 100 Yard Backstroke				
1 Kolonkowski, Bob		64 AGUA		1:37.58
	46.72	1:37.58 (50.86)		
Men 60-64 200 Yard Backstroke				
1 Kolonkowski, Bob		64 AGUA		3:10.06
	45.01	1:35.29 (50.28)	2:23.88 (48.59)	3:10.06 (46.18)
Men 60-64 50 Yard Butterfly				
1 Filatov, Stan		63 REDT		32.03
Men 60-64 100 Yard Butterfly				
1 Filatov, Stan		63 REDT		1:32.40
	43.69	1:32.40 (48.71)		
Men 60-64 200 Yard Butterfly				
1 Kolonkowski, Bob		64 AGUA		3:11.33
	43.94	1:34.34 (50.40)	2:25.43 (51.09)	3:11.33 (45.90)
2 Filatov, Stan		63 REDT		3:25.44
	46.25	1:38.21 (51.96)	2:33.72 (55.51)	3:25.44 (51.72)
Men 60-64 200 Yard Individual Medley				
1 Kolonkowski, Bob		64 AGUA		3:05.15
	38.60	1:26.61 (48.01)	2:24.43 (57.82)	3:05.15 (40.72)
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Men 65-69 50 Yard Freestyle				
1 Plosky, Stuart		65 METR		29.97
2 Greenberg, Steven		65 Unattached		39.06
Men 65-69 100 Yard Freestyle				
1 Greenberg, Steven		65 Unattached		1:28.68
	41.79	1:28.68 (46.89)		
Men 65-69 200 Yard Freestyle				
1 Greenberg, Steven		65 Unattached		3:16.06
	44.69	1:33.58 (48.89)	2:25.51 (51.93)	3:16.06 (50.55)
Men 65-69 500 Yard Freestyle				
1 Plosky, Stuart		65 METR		7:36.75
	38.86	1:23.96 (45.10)	2:10.38 (46.42)	2:57.26 (46.88)
	3:45.34 (48.08)	4:32.12 (46.78)	5:19.58 (47.46)	6:07.45 (47.87)
	6:54.15 (46.70)	7:36.75 (42.60)		
Men 65-69 100 Yard Individual Medley				
1 Greenberg, Steven		65 Unattached		1:48.52
	53.52	1:48.52 (55.00)		
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Men 70-74 50 Yard Freestyle				
1 Hatchette, Michael		71 Unattached		44.09
2 Klonsky, David		70 Unattached		47.43
Men 70-74 100 Yard Freestyle				
1 Hatchette, Michael		71 Unattached		1:41.45
	47.26	1:41.45 (54.19)		
2 Klonsky, David		70 Unattached		1:42.10
	49.65	1:42.10 (52.45)		
Men 70-74 200 Yard Freestyle				
1 Monahan, Richard		70 METR		2:59.96
	42.45	1:28.08 (45.63)	2:14.29 (46.21)	2:59.96 (45.67)
2 Klonsky, David		70 Unattached		3:48.37
	52.93	1:50.41 (57.48)	2:49.99 (59.58)	3:48.37 (58.38)
Men 70-74 500 Yard Freestyle				
1 Monahan, Richard		70 METR		8:02.23
	44.15	1:32.20 (48.05)	2:20.27 (48.07)	3:09.29 (49.02)
	3:58.33 (49.04)	4:47.09 (48.76)	5:35.98 (48.89)	6:25.16 (49.18)
	7:14.61 (49.45)	8:02.23 (47.62)		
Men 70-74 50 Yard Backstroke				
1 Monahan, Richard		70 METR		47.71
2 Hatchette, Michael		71 Unattached		1:03.34
Men 70-74 100 Yard Backstroke				

1	Monahan, Richard	70	METR		1:47.26
		53.21		1:47.26 (54.05)	
Men 70-74 200 Yard Backstroke					
1	Monahan, Richard	70	METR		3:37.09
		53.80		1:50.64 (56.84)	2:46.67 (56.03) 3:37.09 (50.42)
Men 70-74 50 Yard Breaststroke					
1	Klonsky, David	70	Unattached		1:01.65
Men 70-74 100 Yard Individual Medley					
1	Hatchette, Michael	71	Unattached		2:12.96
		1:06.29		2:12.96 (1:06.67)	
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Men 90-94 50 Yard Backstroke					
1	Lynch, Walter	91	AQFT		1:11.95
Men 90-94 100 Yard Backstroke					
1	Lynch, Walter	91	AQFT		2:32.23
		1:10.33		2:32.23 (1:21.90)	
Men 90-94 50 Yard Breaststroke					
1	Lynch, Walter	91	AQFT		1:31.30