## Sunday 15 September 2024 The 8th Annual Tour de Shore 2K Open Water Swim

~ from the beach at Hudson Park in New Rochelle ~

Presented by Westchester Masters Swimming Association in partnership with the New Rochelle Harbor Master and the Department of Recreation & Parks. In Memory of our teammate & friend, Art Figur, athlete, adventurer, teacher, healer

\$55.00 online registration fee (\$60 race-day registration also available) at:

https://www.active.com/new-rochelle-ny/water-sports/swimming/new-rochelle-tour-de-shore-ow-2k-event-for-2024

Swimmer check-in and race-day registration ends at 8:00AM SHARP.

Course Outline and Safety Talk at 8:10AM. Race starts promptly at 8:30AM.

General Info: This will be a 2000 meter "out & back" swim from the West Beach.

All participants must be 18 years or older. Warm water - wetsuits NOT permitted.

Warm-up will be allowed only after positive check-in and waiver signatures.

Swim will take place rain or shine. Caps will be required and furnished.

Course will be marked and guided by kayaks, and protected by official boats.

Swimmers must stay on course and complete turn-around within 45 minutes.

The Swim is in a protected harbor. The Race Director has the final authority to cancel the Swim in the unlikely event of unsafe conditions.

T-shirts for the first 100 registrants. Continental breakfast after swim.

Awards: 1st thru 3rd place male & female in the following age groups:

18-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75+

Special Awards for 1st place Overall Male and Female swimmers

For location & directions search "Hudson Park, New Rochelle".

Direct inquiries to: WestchesterMastersSwimming@gmail.com