

# DECEMBER 2021 EXCEL SWIMMING SCHEDULE

Regularly check the Excel "Swim Schedule" website section *posted 11-04-21*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 November  <b>SWIM</b> 9:00-10:30AM short course lanes	29  <b>SWIM</b> 6:00-7:30AM <b>SWIM</b> 7:30-9:00AM short course lanes  Happy Hanukkah!	30  <b>SWIM</b> 6:30-7:45PM short course lanes	1 December  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	2  <b>SWIM</b> 6:30-7:45PM short course lanes	3  <b>SWIM</b> 6:00-7:00AM <b>SWIM</b> 7:00-8:00AM short course lanes 8:00am facility event ECAC swim champs	4 December
5 December  <b>SWIM</b> 9:00-10:30AM short course lanes in Freedom Pool	6  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	7  <b>SWIM</b> 6:30-7:45PM short course lanes	8  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	9  <b>SWIM</b> 6:30-7:45PM short course lanes	10  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	11 December
12 December  <b>SWIM</b> 9:00-10:30AM short course lanes in Freedom Pool	13  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	14  <b>SWIM</b> 6:30-7:45PM short course lanes	15  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	16  <b>SWIM</b> 6:30-7:45PM short course lanes	17  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	18 December
19 December  <b>SWIM</b> 9:00-10:30AM short course lanes in Freedom Pool	20  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	21  <b>SWIM</b> 6:30-7:45PM short course lanes  1st Day of Winter	22  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	23  No evening workout  holiday training break	24  No morning workouts  holiday training break	25 December  MERRY CHRISTMAS
26 December  No morning workout  holiday training break	27  No morning workouts  holiday training break	28  <b>SWIM</b> 6:30-7:45PM short course lanes	29  <b>SWIM</b> 6:00-7:30AM short course lanes <b>SWIM</b> 7:30-9:00AM short course lanes	30  No evening workout  holiday training break	31  No morning workouts  holiday training break	1 January 2022  HAPPY NEW YEAR!