FEBRUARY 2025 EXCEL SWIM SCHEDULE

Regularly check the Excel Swim Schedule website section for updates posted 11-07-24

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 January	27	28	29	30	31	1 February
SWIM 9:00-10:30AM short course lanes in Aquatic Center	SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM	No evening workout - facility special event. Tue PM swimmers may	SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM	No evening workout - facility special event. Thu PM swimmers may	SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM	
	short course lanes	attend Mon or Wed AM.	short course lanes	attend Wed or Fri AM.	short course lanes	
2 February	3	4	5	6	7	8 February
SWIM 8:30-10:00AM	SWIM 6:00-7:30AM	SWIM 6:30-7:45PM	SWIM 6:00-7:30AM	SWIM 6:30-7:45PM	SWIM 6:00-7:30AM	
short course lanes in Aquatic Center	short course lanes SWIM 7:30-9:00AM short course lanes	short course lanes	short course lanes SWIM 7:30-9:00AM short course lanes	short course lanes	short course lanes SWIM 7:30-9:00AM short course lanes	
Groundhog Day						
9 February	10	11	12	13	14	15 February
SWIM 9:00-10:30AM	SWIM 6:00-7:30AM	SWIM 6:30-7:45PM	SWIM 6:00-7:30AM	No evening workout -	ONE WORKOUT	
short course lanes in Aquatic Center	short course lanes SWIM 7:30-9:00AM	short course lanes	SWIM 7:30-9:00AM short course lanes	facility special event. Thu PM swimmers may	SWIM 6:00-7:30AM extra lanes rented	
Super Bowl Sunday	short course lanes		Lincoln's birthday	attend Fri AM workout.	7:30am facility event Valentine's Day	
16 February	17	18	19	20	21	22 February
SWIM 9:00-10:30AM	ONE WORKOUT	SWIM 6:30-7:45PM	SWIM 6:00-7:30AM	SWIM 6:30-7:45PM	SWIM 6:00-7:30AM	
short course lanes in Freedom Pool	SWIM 7:15-8:45AM extra lanes rented	short course lanes	short course lanes SWIM 7:30-9:00AM	short course lanes	short course lanes SWIM 7:30-9:00AM	
>Winter Recess School Break Presidents Week	Presidents' Day		short course lanes		short course lanes	
23 February	24	25	26	27	28	1 March
·	SWIM 6:00-7:30AM	SWIM 6:30-7:45PM	SWIM 6:00-7:30AM	SWIM 6:30-7:45PM	SWIM 6:00-7:30AM	Marah April Mara
SWIM 9:00-10:30AM short course lanes in Aquatic Center	short course lanes SWIM 7:30-9:00AM short course lanes	short course lanes	short course lanes SWIM 7:30-9:00AM short course lanes	short course lanes	short course lanes SWIM 7:30-9:00AM short course lanes	March-April-May schedules will be available/posted by mid-February.