

JANUARY 2024 EXCEL SWIMMING SCHEDULE

Regularly check the Excel "Swim Schedule" website section for updates **posted 11-09-23**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31 December</p> <p>No pool workout</p> <p>New Year's Eve</p>	<p>1</p> <p>No morning workouts Entire facility closed</p> <p>HAPPY NEW YEAR!</p>	<p>2</p> <p>No evening workout</p> <p>holiday training break</p>	<p>3</p> <p>No morning workouts</p> <p>holiday training break</p>	<p>4</p> <p>SWIM 6:30-7:45PM short course lanes</p> <p><i>1st day of the 2024 membership term!</i></p>	<p>5</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>6 January</p>
<p>7 January</p> <p>SWIM 9:00-10:30AM short course lanes in Aquatic Center</p>	<p>8</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>9</p> <p>SWIM 6:30-7:45PM short course lanes</p>	<p>10</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>11</p> <p>SWIM 6:30-7:45PM short course lanes</p>	<p>12</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>13 January</p>
<p>14 January</p> <p>SWIM 9:00-10:30AM short course lanes in Freedom Pool</p>	<p>15</p> <p>ONE WORKOUT SWIM 7:15-8:45AM extra lanes rented <i>MLK federal holiday</i></p>	<p>16</p> <p>SWIM 6:30-7:45PM short course lanes</p>	<p>17</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>18</p> <p>SWIM 6:30-7:45PM short course lanes</p>	<p>19</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>20 January</p>
<p>21 January</p> <p>SWIM 9:00-10:30AM short course lanes in Aquatic Center</p>	<p>22</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>23</p> <p>SWIM 6:30-7:45PM short course lanes</p>	<p>24</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>25</p> <p>SWIM 6:30-7:45PM short course lanes</p>	<p>26</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>27 January</p>
<p>28 January</p> <p>SWIM 9:00-10:30AM in Aquatic Center</p> <p>3PM Comedy Show at Governors in Levittown SAA Fundraiser Event!</p>	<p>29</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>30</p> <p>No evening workout - facility special event. Contact/email Lisa in advance to substitute a morning workout.</p>	<p>31</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>1 February</p> <p>No evening workout - facility special event. Contact/email Lisa in advance to substitute a morning workout.</p>	<p>2</p> <p>SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes</p>	<p>3 February</p>