JUNE 2025 EXCEL SWIMMING SCHEDULE

Regularly check the Excel "Swim Schedule" website section for updates [posted 05-06-25]

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 June SWIM 9:00-10:30AM short course lanes in Aquatic Center	2 SWIM 6:00-7:30AM long course lanes SWIM 7:30-9:00AM long course lanes	3 SWIM 6:30-7:45PM long course lanes	4 SWIM 6:00-7:30AM long course lanes SWIM 7:30-9:00AM long course lanes	5 SWIM 6:30-7:45PM long course lanes	6 SWIM 6:00-7:30AM long course lanes SWIM 7:30-9:00AM long course lanes	7 June
8 June SWIM 9:00-10:30AM short course lanes in Aquatic Center	9 SWIM 6:00-7:30AM long course lanes SWIM 7:30-9:00AM long course lanes	10 SWIM 6:30-7:45PM short course lanes	11 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	12 SWIM 6:30-7:45PM short course lanes	13 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	14 June
15 June SWIM 9:00-10:30AM short course lanes in Aquatic Center Happy Father's Day!	16 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	17 SWIM 6:30-7:45PM short course lanes	18 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	19 SWIM 6:30-7:45PM long course lanes	20 SWIM 6:00-7:30AM SWIM 7:30-9:00AM long course lanes 1st day of Summer!	21 June
22 June SWIM 9:00-10:30AM short course lanes in Aquatic Center	23 SWIM 6:00-7:30AM long course lanes SWIM 7:30-9:00AM long course lanes	24 SWIM 6:30-7:45PM short course lanes	25 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	26 SWIM 6:30-7:45PM short course lanes	27 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	28 June
29 June SWIM 9:00-10:30AM short course lanes in Aquatic Center	30 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	1 July SWIM 6:30-7:45PM short course lanes	2 July SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	3 July SWIM 6:30-7:45PM long course lanes	4 July ONE WORKOUT SWIM 7:15-8:45AM long course lanes *federal holiday*	5 July