

MARCH 2025 EXCEL SWIMMING SCHEDULE

Regularly check the [Excel Swim Schedule website section](#) for updates **posted 01-22-25**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 March SWIM 9:00-10:30AM short course lanes in Aquatic Center	3 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	4 SWIM 6:30-7:45PM short course lanes	5 SWIM 6:00-7:30AM SWIM 7:30-9:00AM short course lanes Ash Wednesday	6 SWIM 6:30-7:45PM short course lanes	7 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	8 March Daylight Saving Time begins – turn clocks AHEAD ONE HOUR before going to bed!
9 March SWIM 9:00-10:30AM short course lanes in Aquatic Center	10 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	11 SWIM 6:30-7:45PM short course lanes	12 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	13 SWIM 6:30-7:45PM short course lanes	14 No AM workouts Jr. Olympics being held at our pool all weekend Purim	15 March
16 March SWIM 9:00-10:30AM short course lanes in Freedom Pool	17 SWIM 6:00-7:30AM SWIM 7:30-9:00AM short course lanes St. Patrick's Day	18 SWIM 6:30-7:45PM short course lanes	19 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	20 SWIM 6:30-7:45PM short course lanes First Day of Spring!	21 SWIM 6:00-7:30AM SWIM 7:30-9:00AM short course lanes	22 March Fri-Sun Mar 21-23 Colonies Zone SCY Champs at Harvard
23 March SWIM 9:00-10:30AM short course lanes in Aquatic Center	24 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	25 SWIM 6:30-7:45PM short course lanes	26 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	27 SWIM 6:30-7:45PM short course lanes	28 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	29 March
30 March SWIM 9:00-10:30AM short course lanes in Aquatic Center	31 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	1 April SWIM 6:30-7:45PM short course lanes	2 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	3 SWIM 6:30-7:45PM short course lanes	4 SWIM 6:00-7:30AM short course lanes SWIM 7:30-9:00AM short course lanes	5 April AM Masters Yard Meet at our Pool